

Collecting a Urine Sample From Your Cat at Home

Items you will need:

- Non-absorbable litter
- Sterile syringe
- · Plastic specimen cup

Directions:

- Step 1. Watch your kitty closely to determine when she urinates. She may have an obvious pattern, such as urinating just before or after meals, or she may use the litter box randomly throughout the day. Knowing when she goes makes taking a specimen much easier.
- *Step 2.* Isolate the cat you need to collect a sample from if you have multiple cats in your home. It won't do anyone any good if you take a urine sample from the wrong cat.
- Step 3. Clean your cat's litter box, let it dry, and fill it with non-absorbable litter. This can be a plastic-beaded litter made specifically for this purpose which you can purchase at the vet. Alternatively, you can use unpopped popcorn kernels. You can also just use the empty litter box filled with nothing at all. Some cats will use their box even if it is empty, but others object to any change in litter or location. You won't know until you try.
- Step 4. Collect the urine from the prepared box with a syringe and then store it in the plastic cup provided by your veterinarian. If you are using a non-absorbable litter or popcorn kernels, tilt the box so that the urine pools in one corner of the litter pan.
- Step 5. Bring the sample to For Cats Only right away or place it in your refrigerator for up to 12 hours.
- Step 6. Call For Cats Only if your kitty refuses to use the prepared box or if she holds her urine for more than 24 hours. Some cats are stubborn and will refuse to go if they suspect you are up to something. The doctors may want you to bring your cat in to the office for collection of the sample.
- ** If you're feeling brave, try collecting a sample directly from your cat's urine stream while she pees. Hold the collection cup (you can use a clean, dry bowl) under your cat and catch a clean sample while she squats over her regular litter.**



